



www.likeminds.org.nz

TIME: 9.30am to 4.30pm
Saturday 20th July and and
Sunday 21st July 2019

VENUE:
SKILLWISE
344 Manchester Street
Christchurch

BOOKING INFO:
For more info and to book
your space please contact:
Anne Scott
E: annescott63@gmail.com
t: 0212091363
or
Louarna Matenga
t: 02041770459
Or Laura Padgett
lpadge@outlook.com

Or click on link to come
and meet us in person

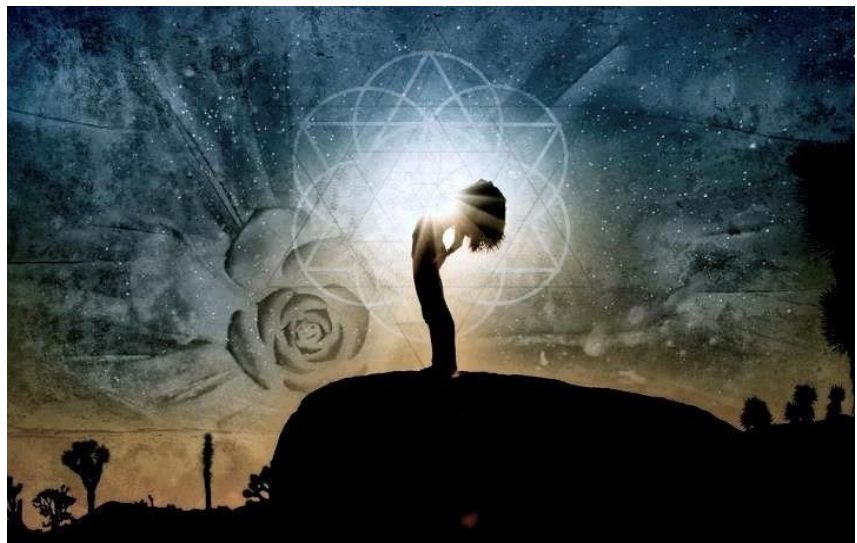


Realities Christchurch present a
FREE WEEKEND WORKSHOP

for

*Young Adults who hear voices, have visions, and/or experience
non ordinary realities, sponsored by Like Minds, Like Mine*

Pūkanohi Poare, Taringa Poare: Open Eyes, Open Ears July 20 & 21st 2019



This bicultural workshop is a place where young adults
(18years to 27 years) can come along and though korero,
games, song , laughter and **free shared meals:**

- Explore what your experiences mean to you.
- Share stories and experiences with like minded others
- Discuss how these experiences effect your life and relationships with everything around you
- Look at ways we can support each other to overcome the challenges of discrimination and stigma in our lives

<http://www.hearingvoices.org.nz/index.php/en/events-and-workshops/125-open-ears-open-eyes-pukanohi-poare-taringa-poare-workshop-july-20-and-21-2019>

This workshop is Facilitated by Anne Scott and Louarnra Matenga. Both Anne and Louarna have experience of voices, visions and know how these experiences can be both distressing and to some bring joy. They have experienced the stigma that can be associated with being called mentally ill and look forward to sharing what they have learned from their journeys with you.

Hearing Voices Network
Aotearoa NZ Inc. Is a non profit
charity

www.hearingvoices.org.nz